



Year of the Rat

Directions, Challenges & Solutions

7) **CENTER** – A challenging area this year. Pay special attention to it.

This is the “Heart of the Home.” The best thing to do here is to shower it with LOVE. Keep it clean, repair anything that is broken and fill it with beauty! Raise the vibration with calming, peaceful songs.

If it is the kitchen, please make sure you have a fire extinguisher handy. There is a chance of fires in this location this year. Have and check smoke alarms. Be prepared! Play it safe!

If your office is in this location, be sure to double check all legal documents.

If the front door is in this direction: First, oil the hinges; Second, check the locks and security. Third, place a Ba-Gua mirror (or 8-sided mirror) above the door, or have a spiritual icon or protector right outside the front door. Have a dark-colored door mat. Consider removing any wind chimes for this year.

Modern Cures (You only need to **add** ONE of these to the area): Blue or dark colored accessories, a bowl of clean, still water with 6 coins for a calming affect.

My favorite in this location: Place a spiritual icon, religious symbol, Guardian Angel or Animal Protector

Traditional Cures: A bowl of clean, still water with 3 pieces of “lucky bamboo” or a Blue Rhinoceros figurine (or something you consider a fierce, protective animal).

Do not add Metal Element (metals, white color, round shapes of sharp/pointed metal objects) or Earth Element (earth/clay/ceramic/brick, yellow or brown colors, square- or cubed-shaped items).

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