



Year of the Rat

Directions, Challenges & Solutions

On January 25, 2020, we started the Chinese Lunar New Year – the Year of the Metal Rat. As I wrote in my newsletters in early January, this was going to be a GAME CHANGING year, according to the energies that happen during RAT years.

Each year I send out a recording plus a list of the things to do, and not do, around the start of the Chinese New Year. It includes what to expect, how to minimize challenging energy, how to enhance positive energy, and what to expect during the year.

This year it didn't feel right for me to send anything out at that time. I didn't know why. Then COVID-19 changed our lives forever! What a GAME CHANGER!!! I know I didn't have any idea something like a pandemic could happen. From what I have been able to glean and learn from a number of trusted sources, no one else saw this coming either.

With all the negative, fear-based news and information with which we were (and are) being bombarded, I didn't want to add to this energy. Hence, I waited. I wanted to do something positive, easy, low-cost, and without the need to spend money for tchotchkes (cures/remedies). Most of those items do not fit into the personal decor or beauty of our homes and offices, plus I definitely wanted this offer to be life-affirming! Also, I had to know the cures and remedies I am including in this program would work by first trying them in my own home and life. They work beautifully!!!

Place these remedies to offset negative influences and enhance positive energies as soon as you can. Everything you need is included, except for a compass to locate the directions (most smart phones have an app to use).

Please remember, our thoughts and mind are the most powerful tool there is when connected for good with your Source or your Higher Power.

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